

CJE SeniorLife Overview and Programs

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Brief History of CJE

- CJE has been in West Rogers Park for 51 years!
- Services have evolved
- We currently serve thousands of older adults and families every year
- Over 350 staff

CJE Services

- Our mission is to enhance the quality of life and facilitate independence of older adults.
- Our vision is older adults living better every day connected to the community of their choice with access to trusted care and a full range of services, rooted in Jewish values.

Benefits Services

- Benefits Check Up
- Medicare
- Medicaid
- Social Security
- Real Estate Tax Relief
- Energy/Utility Assistance
- Lifeline Phone/Internet
- SNAP
- License Plate Discount and RTA Free Ride pass

Care Management

- Home-visiting social work team empowers older adults to live independently – and live well – for as long as possible
- Serving clients age 60+ living in the community
- Provides guidance, referrals, expertise, and direct services; reduces social isolation, supports family: peace of mind
- Beneficial during acute health events, times of transition, new diagnoses and major life events
- Relationships can be short-term or long-term

Adult Day Services

- A welcoming, supportive social environment
- Community, activities and meals, and health support for older adults with early-to-mid-stage memory loss or cognitive impairment
- Helps reduce social isolation, provides caregiver respite, and adds structure and variety to the day
- Varied programming Monday-Friday; nurse on duty
- Local transportation for participants to/from home
- Grant-funded (no cost) and fee-for-service options

Home Delivered Meals

- CJE cooks & delivers cRc Certified Kosher hot & frozen meals
- Eligible recipients must be 60 or older and have difficulty cooking for themselves, or leaving home to get groceries
- A no-cost, grant-funded program
- CJE delivers to Evanston, Lincolnwood, Skokie, Morton Grove, Niles, Northbrook, Northfield, Glenview, Wilmette, Winnetka, Kenilworth
- For clients living elsewhere, we can help refer to partners

Community Engagement

- Programs available online 5 days a week and in-person on Tuesdays and Thursdays
- In-person programming at Village Center near Skokie library
- Book club
- Gather and give back
- Yiddish Tish
- Men(sch) bunch
- And much more!

Legal Services

- Primary focus is Advance Care Planning
 - Powers of Attorney
 - Living Will
 - Last Will and Testament
 - TODI
 - Halachic documents too!
- Guidance and advocacy around foreclosure, tenants' rights, bankruptcy
- Extensive referral list
- No litigation or probate

Independent Subsidized Apartments

- CJE has 4 subsidized independent apartment buildings
- 3 in Skokie and 1 in West Rogers Park
- Wait list is in place...apply at age 62 or older
- Each building has a manager and service coordinator on site and offers social activities

Counseling

- A team of LCSWs who provide one on one counseling
- Support and therapy groups are available on a range of topics
- Well versed in issues related to aging
- Attuned to Jewish religious and cultural practices
- Billing through Medicare, health insurance or private pay

Holocaust Community Services

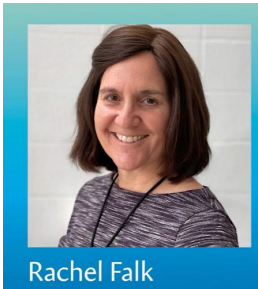
- Financial Assistance for home care, medication, food, transportation, emergencies
- Case management & counseling
- Socialization & events
- Support groups & wellness classes
- Reparations assistance
- Education & advocacy

How Do I Get Started with Services?

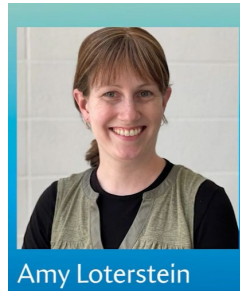
Call 773-508-1000

Set up an appointment with an intake social worker

Who Will Speak with Me?



Rachel Falk



Amy Loterstein



Rich Buino
Clinical Intake Supervisor



Lindsay Somberg

Meet Our Intake Services Team

- **Rich Buino, LCSW, CMC**
Clinical Intake Manager
- **Rachel J. Falk, MSW, LSW**
Clinical Intake Professional
- **Amy J. Loterstein, MSW, LCSW, ASW-G**
Clinical Intake Professional
- **Lindsay Somberg, MSW, LSW**
Clinical Intake Professional

A Typical Consultation Conversation

- Warm, curious, and nonjudgemental
- Private and confidential
- Learning about your situation...with your consent
- Identifying your strengths and challenges
- Co-creating goals/objectives/priorities of focus
- Suggesting and arranging warm referrals to our teams
- Offering connection, support and reassurance
- Sharing guidance & recommendations (with consent)



Ready to Get Started?

773-508-1000

www.cje.net

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