

Schedule for Week of January 23



Monday, January 23

- 10:30 Better Balance with Josh*
- 11:00 Lessons from Navi: Judges with Rabbi Jaworowski*
- 11:30 Stretch & Move with Ellyn*
- 11:45 Lunch
- 12:45 Parsha Gems with Rabbi Levinson
- 1:15 Bingo
- 2:00 Chevruta Study for Men

Tuesday, January 24

- 10:00 Scrabble
- 11:30 Better Balance with Josh*
- 11:45 Lunch
- 1:00 Book Group with Rena Citrin
- 1:00 Film: What It's Like to be an Israeli Prime Minister: Yehuda Avner
- 2:00 One-on-One Torah Study for Women

Wednesday, January 25

- 11:00 Timely Torah Topics with Rabbi Jaworowski*
- 11:30 Better Balance with Josh*
- 11:45 Lunch and January Birthday Celebration
- 1:00 Live Musical Performance—Ljam with Kreindel Pinkus

Thursday, January 26

- 9:00 Weekly Parsha Class with Rabbi Wolf*
- 10:00 Exercise for Parkinson's —**Pre-registration required**
- 10:30 Mitzvah Projects
- 10:30 Conversation Group with Susan Livingstone
- 11:30 Stretch & Move with Ellyn*
- 11:45 Lunch
- 1:00 Capturing Winter Landscapes thru Art with Sandra

Friday, January 27

- 10:30 Cooking with Anna
- 11:15 Lunch

* Available by Zoom